

Contents

Start here!	14
What is Quilting?	15
The Language of Quilting	19
The best tools for a painless project	27
For Beginners- start with basic tools	28
Rotary Cutters for problem hands and wrists	29
Cutting mats	31
Rotating cutting mat	32
Rulers	33
Rulers for senior hands	34
Scissors and other essential cutters	35
Fabric cutting machines	38
Sewing machines	42
Irons and ironing boards	47
Be it ever so humble... Your Happy Place	51
Room to quilt and sew	52
Understanding Colour	59
Hues, tints, shades and tones.	61
Using the Colour Wheel	62
Applying the color wheel to fabric choice	64
Colour Tools	66

Fabric	69
Batting	73
Haberdashery	77
Creating a Quilt	81
The Golden Rules of Cutting	86
Cutting	86
Putting the rules to work.	91
Piecing the quilt	93
Let's make a small quilt	95
The quilting skills you have mastered.	104
Clever cuts and Beaut Blocks	105
Short cuts to pieced patches	106
Half Square Triangle Short Method	106
A Modern Star	108
Quarter Square Triangles	109
3-Patch Quarter Square Triangle	110
3-Patch Quarter Square Triangle	112
Flying Geese	114
Martha Washington's Star	118
How put a triangle onto a rectangle.	120
Sawtooth Block	121
Cutting "One Way" Trapezoids	122

Double Pinwheel Block	124
A word about squaring up blocks	126
Block 1 - Simple Four Patch	128
Block 2 - Disappearing 4 Patch	129
Block 3 - Disappearing 9 Patch	130
Double Disappearing 9 Patch.	131
Block 4 - Log Cabin	134
Block 5 - The Manx Quilt	138
Block 6 - Martha Washington's Star	142
Traditional Sawtooth Block	145
Quilt As You Go	147
What is QAYG?	148
QAYG, step by step.	148
QAYG Variations	158
Different kinds of sashing	159
Quilting	163
Why quilt?	164
Preparation	164
Basting	165
Quilting	165
Straight line quilting	165
Controlled quilting	166